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Hot in the city

Fashion news and views

ART DECO

SYDNEY jewellery designer Marianne McDonald of Mags Moon has collaborated with Melbourne artist Annette Middleton to create a five-piece range inspired by 1930s French cafe society. The Cafe Series features mini replicas of Middleton's artwork encased in a silver pendant, set against a semi-precious stone necklace.

The wearable art costs \$150. www.magsmoon.com.au **AB**



CHILL OUT

NOT everyone has the time or the money to indulge in salon spa treatments.

Author Liz Wilde shows you how to incorporate beauty and self-care rituals into your day without leaving the house in *The Busy Woman's Home Spa Book*.

Wilde suggests chill-out techniques, mood improvers and instant rescue remedies you can carry out at home, whether you have an hour to spare or only five minutes.

There are no-fuss, natural recipes for skin, hair and body using a maximum two ingredients. And for busy people, Wilde offers a word of advice.

"Give yourself the first 10 per cent. You can only look after others if you take care of yourself properly".



FOOD & DRINK

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CONTACT US

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SIMON CROWE, co-founder of Grill'd hamburger chain and Cleo Bachelor of the Year nominee

You have been nominated as one of Cleo magazine's most eligible guys. Where would you take a girl on a date?

Ciccolina (St Kilda) is great; you can't book but their back bar is perfect for a warm-up drink. Misuzu's (South Melbourne) and Santiago (Albert Park) are also favourites.

How would you dress to impress?

Remove trainers. They have never worked for me. I'm an avid Calibre fan. Their designs are stylish, fitted, and they use straight lines. A new favourite is RPM in Lygon St, Carlton, which has

top, three-quarter pants and tankini in lime green, ice blue, hot pink, black and navy. Prices range from \$39.95 to \$49.95 at Speedo stores and some Rebel stores. Ph: 1800 023 807 **AB**

READY FOR RACING

CRAFTY TV host Tonia Todman is hosting a spring racing fashion

workshop for the National Trust at Ripponlea this month.